









				1
				Banana Bread
				Juice
				PBJ & String Cheese
				Fruit/Vegetable
				Milk
4	5	6	7	8
Oatmeal & Graham	Yogurt & Graham	French Toast Sticks	Cereal & Graham	Muffin
Juice	Juice	Juice	Juice	Juice
PBJ & String Cheese	Hot Dog	Turkey Sandwich	Chicken Nuggets	Bagel & Cream Cheese
Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable
Milk	Milk	Milk	Milk	Milk
11	12	13	14	15
Sausage on a Stick	Breakfast Bar	Sausage Biscuit	Banana Bread	Cereal & Graham
Juice	Juice	Juice	Juice	Juice
Turkey Sandwich	Hamburger	Bagel & Cream Cheese	Bean & Chz Burrito	PBJ & String Cheese
Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable
Milk	Milk	Milk	Milk	Milk
18	19	20	21	22
Breakfast Bar	Cereal & Graham	Pancakes & Sausage	Muffin	Yogurt & Graham
Juice	Juice	Juice	Juice	Juice
PBJ & String Cheese	Pizza Cheese Stick	Bagel & Cream Cheese	Chicken Sandwich	Turkey Sandwich
Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable
Milk	Milk	Milk	Milk	Milk
25	26	27	28	29
Sauage Biscuit	Muffin	Oatmeal & Graham	Cereal & Graham	Breakfast Bar
Juice	Juice	Juice	Juice	Juice
PBJ & String Cheese	Bean & Chz Burrito	Turkey Sandwich	Hamburger	Bagel & Cream Cheese
Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable	Fruit/Vegetable
Milk	Milk	Milk	Milk	Milk

This institution is an equal opportunity provider.

We serve 1% White Milk or FF Chocolate Milk. All of our menu entrees are whole grain rich or whole wheat products.

Vegetable are 1/2 cup and Fruit is 1/4 cup servings.

## Falls City School District Breakfast Menu