



## **Your child's regular attendance in school encourages academic and social-emotional success. Together, families, educators, and community members can support a child's attendance and help each student stay on the path to success.**

It doesn't matter whether the absences are excused or unexcused -- each missed day represents missed learning time. Missed days add up quickly: When a student misses as few as 1.5 days a month, that's 10% of the school year. This increases the risk of academic and social-emotional struggles.

About 1 ½ absences a month = 14 days of missed school in a school year.  
That's missing almost a month of school!

| Build Relationships  | Plan Ahead  | Ask For Help   | Use Life Hacks   |
|--|---|--|--|
|  <p>Students do best in a warm, safe and welcoming environment. We can all help by:</p> <ul style="list-style-type: none"> <li>• Ensuring every student is connected with an adult within his or her school who can watch for issues and help with solutions.</li> <li>• Helping students build relationships with classmates and peers.</li> <li>• Planning for success by setting attendance goals and addressing possible obstacles in advance.</li> </ul> |  <p>Things don't always go smoothly. Planning ahead can help be ready for issues with:</p> <ul style="list-style-type: none"> <li>• Transportation (Explore carpool, bus, safe walk/bike options.)</li> <li>• After school pick-up and care (Have a back-up!)</li> </ul> |  <p>Visit <a href="http://211info.org">211info.org</a> to learn about local community resources, or ask your school for suggestions.</p> <ul style="list-style-type: none"> <li>• Shelter, food, clothing</li> <li>• Health issues</li> <li>• Acute or chronic illness</li> <li>• Mental health services</li> <li>• Behavioral support</li> <li>• Oral (mouth and teeth) health</li> </ul> |  <p>Work on household routines to make it easier to get out the door. Find tips for the following at <a href="http://Every-Day-Matters.org">Every-Day-Matters.org</a>:</p> <ul style="list-style-type: none"> <li>• Evening routines</li> <li>• Homework help</li> <li>• Getting ready</li> <li>• Planning for the day</li> </ul> |



## Keep Track of Time

Successful students attend school regularly, with support from all of us at school, home and the community. Track missed days here:

|  |  |  |   |  |  |  |
|--|--|--|---|--|--|--|
| 1<br>_____<br>Date<br>_____<br>Reason  | 2<br>_____<br>Date<br>_____<br>Reason  | 3<br>_____<br>Date<br>_____<br>Reason  | 4<br>_____<br>Date<br>_____<br>Reason                 | 5<br>_____<br>Date<br>_____<br>Reason  | Satisfactory Attendance                |  |
|  |  |  |   |  |  |  |
| 6<br>_____<br>Date<br>_____<br>Reason  | 7<br>_____<br>Date<br>_____<br>Reason  | 8<br>_____<br>Date<br>_____<br>Reason  | 9<br>_____<br>Date<br>_____<br>Reason                 | 10<br>_____<br>Date<br>_____<br>Reason | Moderate Chronic Absence, Ask for Help |  |
|  |  |  |   |  |  |  |
| 11<br>_____<br>Date<br>_____<br>Reason | 12<br>_____<br>Date<br>_____<br>Reason | 13<br>_____<br>Date<br>_____<br>Reason | 14 or more:<br><br>Chronically Absent<br>Ask for Help |  |  |  |
| Moderate Chronic Absence, Ask for Help |  |  |   |  |  |  |

## Too Sick for School?

### Students can go to school if:

- They have a runny nose or little cough, but no other symptoms.
- They haven't taken any fever-reducing medicine for 24 hours, and have been fever-free during that time.
- They haven't thrown up or had diarrhea for 24 hours.

### Keep students home if:

- They have a temperature higher than 100 degrees even after taking medicine.
- They are throwing up or have diarrhea.
- Their eyes are pink and crusty.

### Call the doctor if:

- They have a temperature higher than 100 degrees for more than two days.
- They've been throwing up or have diarrhea for more than two days.
- They've had the sniffles for more than a week, and aren't getting better.

These are generally accepted guidelines. Every body is different. If you are unsure, ask your health care provider or call your school.